

Community Senior Services offer community-based programs for seniors that promote health and well-being and assist seniors to continue to live independently in the community while maintaining an active and healthy lifestyle. These services are offered throughout Southern Health-Santé Sud by a variety of community agencies.

“from Southern Health-Santé Sud Website



WINKLER SENIOR CENTRE

102 – 650 South Railway Avenue
Winkler, MB R6W 0L6
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Resource Coordinators:

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Services for Seniors

Our Purpose:

Is to ensure that seniors in the community are made aware of and are provided access to services that assist Seniors in maintaining their independence. We continue to expand our services to meet the needs of the aging population within our community.

SUPPORT SERVICES

- **Lifeline - Emergency response units**
a system where by an individual living alone or who is at risk, can access help by the push of a button
- **E.R.I.K.** - Emergency Response Information Kit
- Transportation Referrals
- Medical Equipment Rentals
- Assistance with filing out various forms
- Advocacy calls
- Housekeeping Referrals

FORM ASSISTANCE

Services to Seniors is available to assist seniors with filling out forms. We request that appointments be made in advance for assistance with the following the forms:

- Old Age Pension
- GIS – Guaranteed Income Supplement
- Spousal Allowance
- CPP, CPP Disability, CPP Death Benefit
- 55 Plus
- Canada Revenue Agency – Change of Status or Address
- MHSC – Pharmacare
- Passports
- Shelter Allowance
- Handicap Parking
- ERIK updates
- Lifeline Application
- Other Miscellaneous forms

Please contact the office for information regarding availability of services and / or possible fees for services.

CONGREGATE MEALS & MEALS ON WHEELS PROGRAM

The Main Purpose of the Congregate Meals and the Meal on Wheels program is to serve the needs of a population of older adults in our community and provide a well-balanced meal at a reasonable cost.

Winkler Senior Centre

Located in the Buhler Active Living Centre
650 South Railway Avenue, Winkler
5 days a week – Monday through Friday
Meal Delivery Service to Crocus Village

Cedar Estates Common Room

Located in the ALG Professional Building
309 Main Street, Winkler
3 days a week – Mon, Wed, Fri
For the months of October 2019 - April 2020
Thursday is offered as an additional day.

Meals on Wheels

Meals prepared by the Winkler Senior Centre
3 days a week – Mon, Wed, Fri
Delivered at lunch time within the city of Winkler.

Meal reservation is required by 9:00am the day of the meal. To ensure availability early registration is recommended.

Menus for all meal programs can be found on our website or in our monthly newsletter available at the Winkler Senior Centre

To register for any meal program please call the Winkler Senior Centre.

MEDICAL EQUIPMENT RENTALS

This service is available to all that require the temporary use of walkers, wheelchairs, canes, crutches, and walking poles. Damage Deposits and rental fees for all equipment are due and payable before equipment is issued. The damage deposit will be reimbursed when the equipment is returned. Equipment will not be rented for institutional use – i.e. personal care homes or hospitals.

Available Equipment & Rental Rates

Wheelchairs

\$100.00 damage deposit
\$25.00 / month rental

Transport Chairs

\$50.00 damage deposit
\$15.00 / month rental

4 Wheeled Walkers

\$50.00 damage deposit
\$15.00 / month rental

Walkers – 4 PT or Wheels & Skids

\$25.00 damage deposit
\$10.00 / month rental

Walking Poles

\$25.00 damage deposit
\$10.00 / month rental

Canes & Crutches

\$20.00 damage deposit
\$5.00 / month rental

Other Medical Equipment

\$25.00 damage deposit
\$10.00 / month rental