

# WINKLER SENIOR CENTRE NEWS

MARCH 2020 Volume 3 Issue 10 [winkler55plus.com](http://winkler55plus.com) (204)325-8964

FALL & WINTER HOURS - SEPTEMBER 3<sup>RD</sup> TO MAY 31<sup>ST</sup>

OFFICE Monday - Friday ~ 8:00am - 5:00pm  
GIFT SHOPPE Monday - Friday ~ 9:30am - 4:00pm

## WHAT'S HAPPENING THIS MONTH

BUHLER active living centre WSC

JOIN US FOR MUSIC BY THE  
**IRISH COWBOY**

MARCH 18TH  
@ 3:00PM IN THE MPR  
SILVER COLLECTION

WINKLER SENIOR CENTRE PRESENTS

FACING THE GIANTS

NEVER GIVE UP. NEVER BACK DOWN. NEVER LOSE FAITH.

MONDAY,  
MARCH 30<sup>TH</sup>, 2020  
1:30PM

**\$3.00  
POPCORN &  
DRINK**

From the creators of  
WarRoom & Overcomer

Movie Details on Page 5

## INDEX

**PAGE 2**  
Slam the Scam  
Health & Personal Care

**PAGE 3**  
Regular Programs  
March Birthdays  
Spring Ahead

**PAGE 4**  
Volunteer Report - WSC Kitchen  
March Meal Ticket Draw  
An Irish Blessing

**PAGE 5**  
Movie - Facing The Giants.  
Save the Date  
*Clothing/Purse Sale  
at Cedar Estates*

**PAGE 6**  
CRA - Presentation  
Easter Craft & Vendor Sale

**PAGE 7**  
March Calendar

**PAGE 8**  
WSC & Cedar Menus

## CONTACT US

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Volunteer Program / Lifeline Coordinator: Joanne Greer [j.greer.wsc@gmail.com](mailto:j.greer.wsc@gmail.com)

# slam the scam!



## THE CANADA REVENUE AGENCY:

- ❑ **NEVER** asks for **OR** provides financial information via email
- ❑ **NEVER** sends text messages to communicate with taxpayers under any circumstances
- ❑ **NEVER** asks you to click a link (unless you request a link over the phone)

For more information, go to [canada.ca/taxes-fraud-prevention](https://canada.ca/taxes-fraud-prevention)

 Canada Revenue Agency



## HEALTH & PERSONAL CARE

### ❖ BELTONE

At the Buhler Active Living Centre – Thursday MARCH 5<sup>th</sup> & 19<sup>th</sup>  
For information call 1-800-661-2653

### ❖ E.R.I.K.

Emergency Response Information Kit For more information Call 204-325-8964 Ask for Cathleen or Denise

### ❖ MEDICAL EQUIPMENT RENTAL

Medical Equipment available for rent at the Winkler Senior Centre includes: Wheelchairs, Walkers, Canes, and Walking Poles. This equipment is available for short term use. For more information Call 204-325-8964

### ❖ FOOT CARE

For in Home appointments contact: Carman FootCare @ 204-745-2024 / Ashley Dueck @ 204-361-6628

### ❖ HAIRWAY STUDIOS DOWNTOWN

For appointments call: Norma or Ruth @ 204-325-4781 or Lisa @ 204-362-7821

HOURS – Monday 5:00 – 7:00pm, Tuesday & Wednesday 9:30am – 3:30pm

Thursday 9:30am – 7:00pm, Friday 9:30am – 2:00pm, Saturday by Appointment, Sunday Closed

Nail Care Available by Appointment

### ❖ LIFELINE

Emergency Response System For more information Call 204-325-8964 Ask for Joanne or Cathleen  
After Hours emergencies Call 1-800-387-1215

### ❖ PFAHL'S HEALTH TALK

MONDAY MARCH 2nd – 10:00am– TOPIC: Patient Aids, Mobility Devices



## REGULAR PROGRAMS

- ❖ **BINGO** Mondays 1:00 – 4:00pm (private dining room)
  - ❖ **Bridge** Mondays 9:30 – 11:30am – Games Area
  - ❖ **Choir** Tuesdays at 10:00am **NOTE: TIME CHANGE**  
Faith Evangelical Bible Church – 159 3<sup>rd</sup> Street South
  - ❖ **Floor Curling** Thursday MARCH 5<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>, Monday MARCH 16<sup>th</sup> Check Calendar for times.  
Curling Bonspiel Tuesday, Wednesday, Thursday, MARCH 10<sup>th</sup> - 12<sup>th</sup>
  - ❖ **Floor Shuffle** Friday MARCH 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>
  - ❖ **Games** Wednesdays 2:00 – 4:00 pm Crokinole, Board Games, Cards, Adult Coloring
  - ❖ **Gym Orientation** Tuesday MAR 10<sup>th</sup> @ 2:30pm – contact office to register
  - ❖ **Hymn Sing** Friday MAR 6<sup>th</sup> & 20<sup>th</sup> @ 7:00pm
  - ❖ **Jam Session** Saturday MAR 21<sup>st</sup> @ 7:00pm
  - ❖ **Linedancing** Thursdays 7:00pm & Tuesdays– 1:30pm
  - ❖ **Pickleball** **AT WSC – Multi-purpose Room** Tuesdays @ 10:00am  
**AT JR WALKOF** 7:00 – 10:00pm at– Everyone Welcome  
**RECREATIONAL PICKLEBALL** by WSC & Winkler Recreation Mondays
- For more information call John Klassen at 204-325-7198
- AT Emerado School** Tuesdays & Thursdays Starting  
6:30 - 7:30pm for beginners. Non-competitive  
7:30 – 10:00pm for more competitive players
- ❖ **Seniors Church Service** Sundays 10:30am – OPEN to all Seniors – Multi-purpose room
  - ❖ **Tea Room** Wednesdays 9:00 – 11:00am  
Coffee or Tea & 2 Biscuits \$4.00 per person
  - ❖ **Video Fitness** Wednesdays 9:00 – 10:00am  
Drop in Fee - Member \$2.00 – Non- Members \$3.00
  - ❖ **Waffles** Thursday, MARCH 19<sup>th</sup> - 9:00 – 12:30pm \$7.50 / person





**Monthly Highlight: WSC KITCHEN**

The kitchen is said to be the heart of the home. Everyone gathers to enjoy the warmth and hospitality of the kitchen. At WSC we don't all get to go and join our fantastic cooks in the kitchen, but if you have eaten with us you know that the heart of WSC community is our kitchen.

Our dedicated kitchen volunteers are hard at work by 8 am most mornings as they prepare all the food we enjoy so much. It may not be obvious but our kitchen serves almost 60 people a day for our lunch program, sometimes more. Not to mention all the cookies and fresh baking they do for coffee time, shuffling, and curling programs.

Thank you so much to everyone in the kitchen that makes our meal programming the best in the city. We all appreciate the care and time that you put into everything you do here!

Next month: Cedar

*Joanne Greer - Volunteer Coordinator*

**MARCH Meal Ticket Draw -- Find the Pot of Gold & the Shamrocks.**

It's the month when many find that wee bit of Irish in themselves. There's a "pot of gold" to be found – look for it in my (Cathleen) office and tell me how much "gold" is in it. Closest guess wins the "gold".



I've also hidden shamrocks throughout this newsletter. Tell me how many there are to be found for your chance to win a meal ticket.

Please submit your answers to Cathleen by Tuesday, MARCH 24<sup>th</sup> Draw to be held during Tea Room Wednesday MARCH 25<sup>th</sup>. (one entry per family per draw)

*An Irish Blessing*

*May love and laughter light your days and warm your heart and home,*

*May good and faithful friends be yours wherever you may roam,*

*May peace and plenty bless your world with joy that long endures,*

*May all life's passing seasons bring the best to you and yours.*



## WINKLER SENIOR CENTRE PRESENTS



### FACING THE GIANTS

From the creators of WarRoom & Overcomer

MONDAY,  
MARCH 30<sup>TH</sup>, 2020  
1:30PM

\$3.00  
POPCORN &  
DRINK

After six consecutive losing seasons, high school football coach Grant Taylor believes things can't get any worse. He's wrong.

After his best player transfers and his Eagles lose to the worst team in the conference Grand discovers a group of fathers – and one of his coaches is plotting to have him sacked.

Barely making ends meet as it is and unable to start a family with his wife, who longs to be a mother, Grant Taylor has no help in sight, until...

With fear and failure seeming defeating him at life's every turn, the downtrodden coach and husband turns to God in broken desperation.

Trusting that God can somehow do the impossible, Coach Taylor and his Shiloh Christian Eagles soon discover how faith plays out on the field . . . and off.

The second movie from Sherwood Pictures was a surprise theatrical hit, the best-selling resource in Christian stores in 2007, and has been shown in thousands of churches worldwide.



## Save the Date

WEDNESDAY  
APRIL 1<sup>ST</sup>, 2020  
11:00am – 1:30pm  
In the Cedar Estates  
Common Room

### Clothing/Purse Sale

Karen Klassen the Manager of the Gift Shoppe located at the Winkler Senior Centre will be bringing clothing and purses from the Gift Shoppe.

This is a GREAT time to freshen up your wardrobe at a reasonable price

Payment Options: Cash or Cheque

Check out some new  
Spring/Summer Clothing





Canada Revenue Agency



Come to an information session to find out about benefit and credit payments you could get from the Canada Revenue Agency if you do your taxes every year.

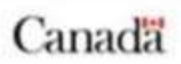
**WHEN:** Wednesday, **APRIL 1st** , 2020 at 1:30pm

\* PLEASE NOTE DATE CHANGE\*

**WHERE:** Winkler Senior Centre  
650 South Railway Avenue, Winkler

A representative from the Canada Revenue Agency will share information on:

- What benefits and credits are available such as the GST Credit, Disability Tax Credit, Age Amount
- Scams
- Authorizing a Representative
- The Community Volunteer Income Tax Program (CVITP)



3RD ANNUAL

# Easter CRAFT & VENDOR SALE

SALE

Wednesday, April 8, 2020  
9:00 am – 3:00 pm  
Everyone welcome!  
Buhler Active Living Centre  
650 South Railway Ave, Winkler

Lorna Epp, Organizer  
Email: [lornaep@gmail.com](mailto:lornaep@gmail.com)  
Facebook: Lorna Epp - J.R. Watkins Consultant





OFFICE HOURS  
MON - FRI 8:00 - 5:00




# MARCH 2020



PHONE: 204.325.8964  
EMAIL: wsc.325.8964@gmail.com

JOIN US for COFFEE - MONDAY, TUESDAY, THURSDAY & FRIDAY AT 9:00 - COFFEE \$1.00 Snacks also available

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:30 AM SUNDAY SERVICE	<b>2</b> 10:00am HEALTH TALK TOPIC: Patient Aids, Mobility Devices 9:30 -11:30am Bridge 1:00 - 3:30pm Bingo 1:30 pm Games	<b>3</b> 10:00am Pickleball 1:30pm Linedancing	<b>4</b> 9 am Video Fitness 9 -11 Tea Room CRA Presentation - moved to APRIL 1st - SEE BELOW	<b>5</b> 12:00pm Floor Curling 7:00pm Linedancing	<b>6</b> 10:00am Floor Shuffle 7 pm Hymn Sing	<b>7</b>
<b>8</b> 10:30 AM SUNDAY SERVICE	<b>9</b> 9:30 -11:30am Bridge 10:30am Pickleball 1:00 - 3:30pm Bingo	<b>10</b> 2:30 pm Gym Orientation	<b>11</b> 9 am Video Fitness 9 -11 Tea Room Tea room in small dining room	<b>12</b> 7:00pm Linedancing	<b>13</b> 10:00am Floor Shuffle	<b>14</b>
 TIME TO SPRING FORWARD	<b>FLOORCURLING BONSPIEL - MARCH 10th - 12th</b>					
<b>15</b> 10:30 AM SUNDAY SERVICE	<b>16</b> 9:30 -11:30am Bridge 12:00pm Floor Curling 1:00 - 3:30pm Bingo	<b>17</b> 10:00am Pickleball 1:30pm Linedancing  ST. PATRICKS DAY WEAR GREEN	<b>18</b> 9 am Video Fitness 9 -11 Tea Room 3:00pm Irish Cowboy Silver Collection	<b>19</b> 9:00am - 12:30pm WAFFLES 2:00pm Floor Curling 7:00pm Linedancing	<b>20</b> 10:00am Floor Shuffle 7 pm Hymn Sing	<b>21</b> 7pm JAM SESSION
<b>22</b> 10:30 AM SUNDAY SERVICE	<b>23</b> 9:30 -11:30am Bridge 1:00 - 3:30pm Bingo 1:30 pm Games	<b>24</b> 10:00am Pickleball 1:30pm Linedancing	<b>25</b> 9 am Video Fitness 9 -11 Tea Room	<b>26</b> 10:30am Gateway Floorshuffle 12:00pm Floor Curling 7:00pm Linedancing	<b>27</b> 10:00am Floor Shuffle	<b>28</b>
<b>29</b> 10:30 AM SUNDAY SERVICE	<b>30</b> 9:30 -11:30am Bridge 1:00 - 3:30pm Bingo 1:30 pm MOVIE: Facing the Giants \$3.00 Popcorn & Drink	<b>31</b> 10:00am Pickleball 1:30pm Linedancing	<b>~~~~ SAVE THE DATE - WEDNESDAY , APRIL 1ST, 2020 - 1:30 pm ~~~~ Come to an information session to find out about benefit and credit payments you could get from the Canada Revenue Agency if you do your Taxes every year.</b>			





### Congregate Meal Program

**WINKLER SENIOR CENTRE IN BUHLER ACTIVE LIVING CENTER**

**Meal served at 12:00 Noon - Meals \$7.50**

Register at (204)325-8964 – Monday – Friday 9:00am – 5:00pm

**Please indicate Winkler Senior Centre when registering**

MAR	2	MON	Salisbury Steak, Potatoes & Vegetables
MAR	3	TUE	Pizza & Salad
MAR	4	WED	Sweet & Sour Meatballs, Rice & Vegetables
MAR	5	THU	Carrot Soup & Sandwiches
MAR	6	FRI	Rosemary Chicken, Potatoes & Vegetables
MAR	9	MON	Beef Stew & Biscuits
MAR	10	TUE	Meatloaf, Potatoes & Vegetables
MAR	11	WED	Perogies, Sausage & Vegetables
MAR	12	THU	Chili, Bun & Salad
MAR	13	FRI	Pork Roast, Potatoes & Vegetables
MAR	16	MON	Sausage, Macaroni & Vegetables
MAR	17	TUE	Chicken & Bubbat, Potatoes & Vegetables
MAR	18	WED	Egg Bake, Sausages, Fruit Salad & Muffin
MAR	19	THU	<b>Waffles 9:00am – 12:30pm \$7.50 / person NO sign up</b>
MAR	20	FRI	Roast Beef, Potatoes & Vegetables
MAR	23	MON	Sausage, Potatoes & Vegetables
MAR	24	TUE	Fish, Fries & Coleslaw
MAR	25	WED	Lasagna, Salad & Garlic Bread
MAR	26	THU	Summa Borscht & Sausage Rolls
MAR	27	FRI	Ham, Kielke & Vegetables
MAR	30	MON	Chicken Burgers, Wedges & Vegetables
MAR	31	TUE	Cabbage Rolls, Potatoes & Vegetables

### Congregate Meal Program at Cedar Estates Dining Room

**Meals \$7.50 MEAL SERVED AT 12:00 NOON**

Register at (204)325-8964 Office Hours Monday to Friday  
9am–5 pm



**Please indicate Cedar Location when registering**

**Cedar Congregate Noon Meal MON, WED, THU, FRI**

MAR	2	MON	Chicken Stir Fry / Rice / Vegetables
MAR	4	WED	Butter Soup / Taco Salad
MAR	5	THUR	S & S Meatballs / Potatoes / Vegetables
MAR	6	FRI	Pizza / Caesar Salad
MAR	9	MON	Russian Chicken/ Rice / Salad
MAR	11	WED	Enchilada's / Beans
MAR	12	THUR	Minute Steak / Potatoes / Vegetables
MAR	13	FRI	Chicken Noodle Soup / Sandwiches
MAR	16	MON	Perogies / Sausage / Vegetables
MAR	18	WED	Chicken / Bubbat / Potatoes / Coleslaw
MAR	19	THUR	Pork Chops / Potatoes / Vegetables
MAR	20	FRI	Fish / Potatoes / Salad
MAR	23	MON	Cabbage Rolls / Potatoes / Vegetables
MAR	25	WED	Waffles, Fruit & Sauce <b>*need to sign up</b>
MAR	26	THUR	Lasagna / Garlic Toast
MAR	27	FRI	Summa Borscht / Sandwiches
MAR	30	MON	Sausage / Kielke / Vegetables

**PLEASE NOTE: Menu may be changed upon meal coordinator's discretion.**

